HELPING YOUR CHILD HANDLE ONLINE CONTENT



What is Inappropriate Online Content?



Inappropriate online content refers to online materials (e.g. games, text, ads or images) that:

- promote self-harm, violent, illegal or dangerous activities;
- are age-inappropriate, overly sexualised or pornographic; or
- encourage hate or discrimination based on factors such as gender, race, religion, culture or nationality



Why is it a Concern?



Regular exposure to inappropriate online content may negatively influence children to:

- Follow harmful or dysfunctional behaviours, e.g. online gambling, pornography, extremist ideologies, or self-harm;
- Create or post inappropriate content; or
- Have a distorted understanding of healthy relationships.



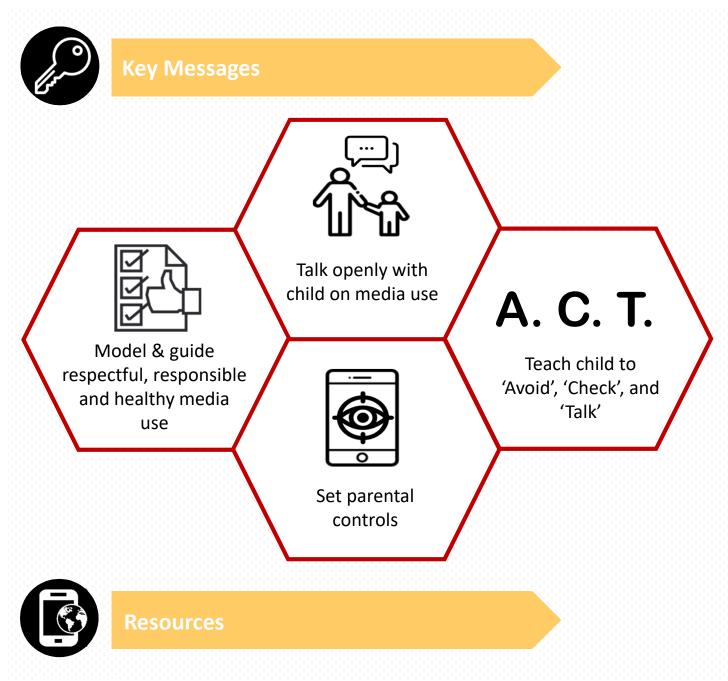
How can Parents Help?

Parents can help reduce the risks and harm caused by inappropriate online content by:

- Setting and enforcing family guidelines and parental controls on what the children view and post online; for how long they spend online; and who they meet online / offline;
- Conversing regularly, openly, and empathetically with children on their media use;
- Modelling and guiding responsible, respectful and healthy media use;
- ✓ Teaching children to A.C.T. i.e. '<u>Avoid</u> inappropriate content; <u>Check</u> feelings; and <u>Talk</u> to a trusted adult'.









Ministry of Education

MOE's Cyber Wellness Portal contains strategies for students to identify and manage inappropriate online content.

ictconnection.moe.edu.sg/cyber-wellness/cyber-wellness-101/handling-inappropriatecontent



Media Literacy Council

MLC provides strategies for parents to block and manage their children's exposure to harmful online content. medialiteracycouncil.sg/Online-Safety/Inappropriate-Content



Clique Click

This handbook has practical tips for parents, e.g. how to set up parental controls and check media ratings, to guide their children to stay safe online. medialiteracycouncil.sg/-/media/MLC/Resources/Pdf/CliqueClick_updated7Apr17.pdf



